



真光女書院
True Light Girls' College



院書女光真
TRUE LIGHT GIRLS' COLLEGE

SCHOOL
PROSPECTUS

True Light Values Education 真光價值教育

Compassionate 憐憫體恤



Analytic 慎思明辨



Responsible 承擔責任



Self-disciplined 克己自律



Altruistic 為世發光



Reasonable 通情達理



Respectful 尊重守禮



Positive 正向積極



Upright 忠誠正直



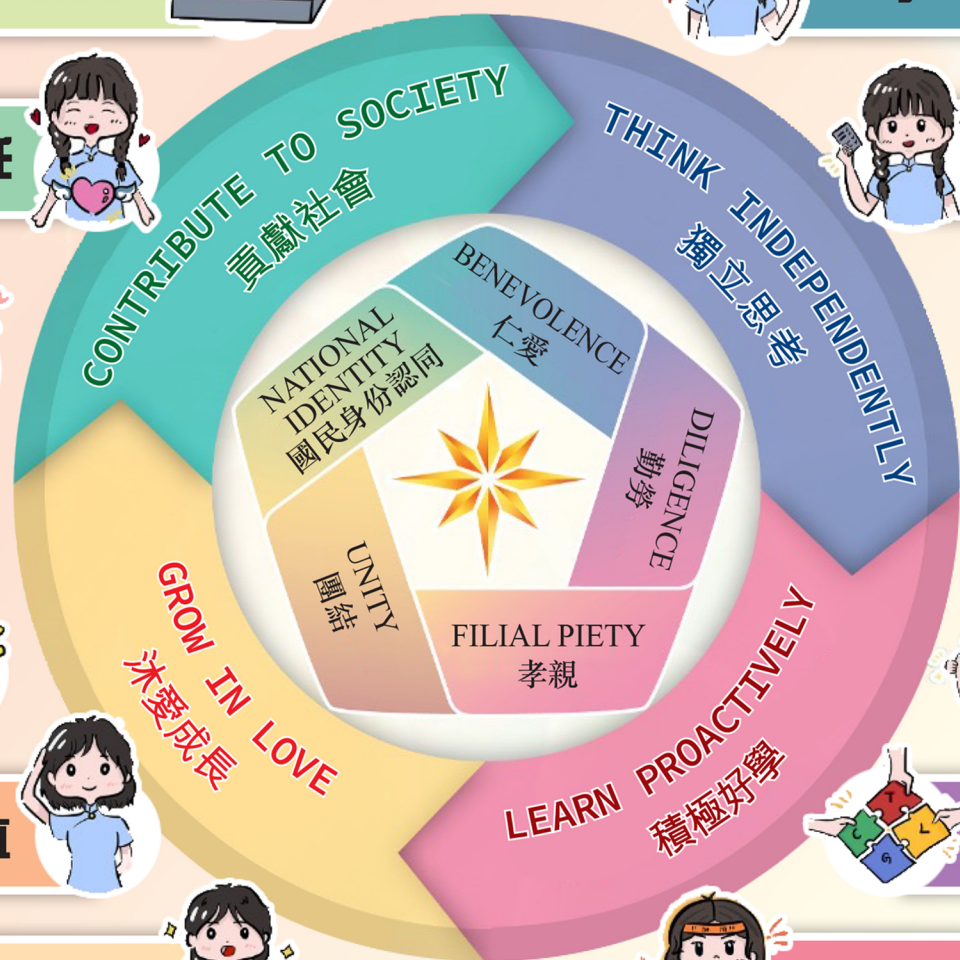
Collaborative 協力同心



Thankful 心存感恩



Persevering 堅毅不屈



School Vision 學校願景

We inspire our students to 啟迪學生

Think independently, 獨立思考

Learn proactively, 積極好學

Grow in love and 沐愛成長

Contribute to society 貢獻社會



School Mission

- ✦ To develop students' analytical and critical thinking skills and their academic and cognitive abilities;
- ✦ To cultivate students' enthusiasm for the pursuit of knowledge, physical fitness, social skills and aesthetic appreciation to lay a good foundation for life-long learning;
- ✦ To lead students to live in God's love and walk in the right path guided by Christian values;
- ✦ To establish with students their goals in life so as to shine forth as the light of the world.

學校使命

- ✦ 發展學生具分析及批判力的思考方法及其治學和求知的能力；
- ✦ 培養學生於追尋知識、體能、合群、美藝的熱誠，奠定全人發展及終身學習的基礎；
- ✦ 引領學生於主愛中生活，依基督真理的指引走正確的人生道路；
- ✦ 栽培學生樹立人生目標，以期如世之光閃耀。

School History 學校歷史



True Light Girls' College was established in 1973 by the Kowloon True Light Middle School Management Board, with the assistance of the Hong Kong Council of the Church of Christ in China, to commemorate the centenary of the True Light Alma Mater, to realise the vision of the True Light founder, Harriet Noyes, for developing girls' education, and to meet the need of providing quality education with English as the learning and teaching medium in Hong Kong.

真光女書院於 1973 年由九龍真光中學校董會成立，並在中華基督教協會香港分區的協助下創辦，以紀念真光母校成立百年，實現校祖那夏理女士發展女子教育的願景，並滿足香港社會對優質的英語教育的需求。

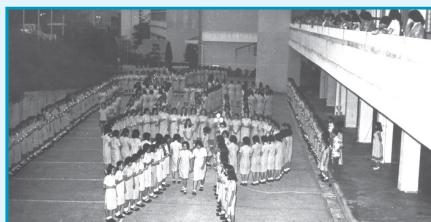
School Traditions 學校傳統

Our school carries the strong True Light traditions in cultivating both the True Light Spirit and sisterhood, while the persistent running of many unique annual functions also helps to sustain the True Light legacy and students' sense of belonging to the school.

真光女書院秉承真光的傳統，培養真光精神和姊妹情誼，同時持續舉辦許多獨特的年度活動，以承傳真光的文化，並增強學生對學校的歸屬感。

True Light Spirit 真光精神

Lantern Passing Ceremony 傳燈禮



The S1 Form Association Inauguration Ceremony 中一開社



Flag Presentation
社旗頒授



Dance Performance
舞蹈表演



English Drama Performance
英語話劇表演

True Light Sisterhood 真光姊妹情誼

True Light Bonds (Mentorship Scheme) 真光邦 (師友計劃)



Lunch with S4 mentors and
S1 mentees
中一、中四學姊學妹午聚



S2 and S5 Sister Class
Activity
中二、中五姊妹班活動



Visit to University
Information Day with S6
mentors and S3 mentees
中三、中六學姊學妹同遊
大學資訊日

The House System 四社制度



Sense of Belonging 對真光的歸屬感

The School Anniversary Thanksgiving Service 校慶感恩崇拜



True Light Song Competition 真光歌歌唱比賽



The Speech Day 畢業典禮



Inter-class Rope-skipping Competitions 班際跳大繩比賽



Fashion Show 時裝表演



School Curriculum 學校課程

Subjects offered 科目	Level 年級					
	S1	S2	S3	S4	S5	S6
English Language 英國語文	✱	✱	✱	✱	✱	✱
Chinese Language 中國語文	✱	✱	✱	✱	✱	✱
Mathematics 數學	✱	✱	✱	✱	✱	✱
Mathematics Extended Module I 數學延伸部分 I				✱	✱	✱
Mathematics Extended Module II 數學延伸部分 II				✱	✱	✱
Citizenship and Social Development 公民及社會發展				✱	✱	✱
Citizenship, Economics and Society 公民、經濟與社會	✱	✱	✱			
Chinese History 中國歷史	✱	✱	✱	✱	✱	✱
Chinese Literature 中國文學				✱	✱	✱
History 歷史	✱	✱	✱	✱	✱	✱
Geography 地理	✱	✱	✱	✱	✱	✱
Business Fundamentals 基礎商業			✱			
Economics 經濟				✱	✱	✱
Business, Accounting and Financial Studies 企業、會計與財務概論				✱	✱	✱
Science 科學	✱	✱				
Physics 物理			✱	✱	✱	✱
Chemistry 化學			✱	✱	✱	✱
Biology 生物			✱	✱	✱	✱
Computer Literacy 普通電腦	✱	✱	✱			
Information and Communication Technology 資訊及通訊科技				✱	✱	✱
Visual Arts 視覺藝術	✱	✱	✱	✱	✱	✱
Home Economics 家政	✱	✱				
Physical Education 體育	✱	✱	✱	✱	✱	✱
Religious Education 宗教教育	✱	✱	✱	✱	✱	✱
Putonghua 普通話	✱	✱	✱			
Music 音樂	✱	✱	✱			
Aesthetic Development 藝術發展				✱	✱	✱
Career Education 生涯規劃			✱	✱		

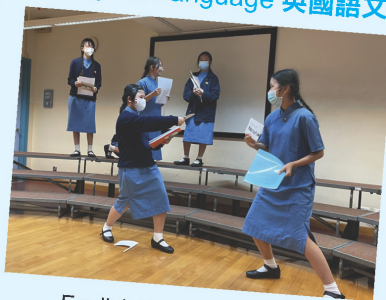
Learning and Teaching 學與教

Chinese Language 中國語文

《定風波·詠紅梅》
 自憐冰臉，開尊厭_厭遲。桃杏色，尚餘_餘。
 隨物態，酒生_生。

Chinese Poem Recitation 中文朗誦

English Language 英國語文



English Drama Education
 英語戲劇教育

Biology 生物



S6 Biotechnology
 Enrichment Activity
 中六生物技術增潤活動

Geography 地理



Field Study in Kwun Tong
 觀塘實地考察研究

Science 科學



Experiment 實驗

Visual Art 視覺藝術



Digital Art 數碼藝術

Home Economics 家政



Practical Work on two-course meal
 兩款菜色的膳食設計

Values Education 價值教育



Analytic 慎思明辨



Why Barter? 以物易物?



Collaborative 協力同心



**In-class Collaborative Games
課堂協作遊戲**



Religious Education 宗教教育

聖誕崇拜 Christmas Service



團契職員訓練日
Student Fellowship Committee Members' Training Day



《耶穌傳》巡迴福音話劇
The Jesus Gospel Touring Drama



教育主日崇拜 Education Sunday



Career and Life Planning 生涯規劃

光之世乃爾



True Light Bonds S1 & S4 Ice-breaking & Team-building Activities
真光邦中一及中四破冰及團隊建立活動



Smiling Programme run by Career Prefects
升學輔導學長負責的微笑計劃



Hong Kong Secondary Schools
Peer Mediation Competition
香港中學朋輩調解比賽



Workplace immersion opportunities at the Government Efficiency Office
於政府效率促進辦公室的工作體驗活動

Life-wide Learning 全方位學習

STEM Education 科學、科技、工程和數學教學



Champion Prize of 'Social Innovation. Community 4.0' Competition - Taipei Social Innovation Exploration Trip
「社創·社區4.0」比賽冠軍獎品——台北社創探索之旅

The Audio Bus Stop designed by students has been adopted in Sham Shui Po
學生所設計的聲音巴士站於深水埗落實

Visual Art 視覺藝術



Silver Ring & Pendant Making Workshop
銀戒指和吊墜製作工作坊



Standard Chartered Arts in the Park
渣打藝趣嘉年華



VR Art Project 虛擬實境藝術計劃

Performing Arts 表演藝術



Sárközi karikázó, csárdás,
üveges és ugrós
沙哥斯歡樂舞曲



Annual Concert 周年音樂會

Physical Education 體育



Annual Athletics Meet 陸運會



Inter-class Rope-skipping Competition
班際跳大繩比賽

National Security Education 國家安全教育

Media and Information Literacy
Experience Activity
媒體及資訊素養體驗活動



Basic Law Competition
基本法問答比賽

Study Tours 遊學團



Sister School Exchange:
Cultural Exploration Tour
of Zibo and Qingdao
姊妹學校交流 —— 淄博
青島文化探索之旅

UK Summer
Exchange
Programme 2024
英國暑假遊學團 2024



Volunteer Service 義工服務



Social Service at True Light Villa District Elderly Community Centre
真光苑長者地區中心義工服務

Information and Communication Technology 資訊科技



IT Innovation Lab in Secondary Schools Programme
中學 IT 創新實驗室計劃

Inter-House Quiz 社際問答比賽



Guidance 輔導



動物守護活動
Animal Watchers Programme



網絡健康講座
Cyber Wellness Talk



課金成癮預防活動
Gaming Addiction Prevention Programme



學長訓練
Prefects Training



流沙畫班 Sand Painting Workshop



電影觀賞日 Movie Appreciation Day

Well-being Promotion 推廣精神健康

Embracing the Joy and Fun at TLGC 擁抱真光喜與樂



Give Me a Break 休閒片刻



Give Me a Choice 興趣盎然

Give Me a Like 讚不絕口



Give Me a Mic 如歌如訴

Give Me a Stick 妙手丹青



Give Me Aroma 香飄四溢

Give Me a Surprise 喜出望外

S1 Support Programmes

中一迎新活動



Pre-S1 Day Camp
中一新生迎新日營





S1 Parent Orientation 中一家長迎新座談會



學科態度獎



Good Learning Attitude Award 良好學習態度獎



Bridging Programme 暑期銜接課程

Parent Education 家長教育



Parent Academy
家長學堂



Mid-Autumn Moon Gazing
親子中秋賞月活動



Parent-Teacher Association 家長教師會

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漫遊格仔山 Hiking tour to Checkerboard Hill



獨木舟親子同樂日 Canoe Family Fun Day

Alumni Association 校友會

True Light Market on Alumni
Homecoming Day
校友日之真光市集



Mentoring Programme 亦師亦友計劃

True Light Scholarship Foundation-Scholarships for Local Undergraduate Studies

真光獎助學基金大學助學金

True Light Scholarship Foundation-Scholarships for Secondary School Students

真光獎助學基金中學獎學金

School Management Board Scholarships

校董會獎學金

PTA Scholarships

家長教師會獎學金

Alumni Association Scholarship

校友會獎學金

Rev. Peter Wong Scholarship

汪彼得牧師紀念獎學金

Principal To Yiu Kwan Scholarship

杜耀君校長獎學金

Principal Tam Kim Hung Scholarship

譚劍虹校長獎學金

Marina Szeto Scholarship

司徒麗燕獎學金

Francis Fong Scholarship on Humanities (Senior)

方榮深人文學科獎學金 (高中)

Francis Fong Scholarship on Humanities (Junior)

方榮深人文學科獎學金 (初中)

Lam Chi Ming Scholarship on Chinese History

林志明老師獎學金

Student Scientist of the Year (Junior) Scholarship

年度學生科學家 (初中) 獎學金

Student Mathematician of the Year Scholarship

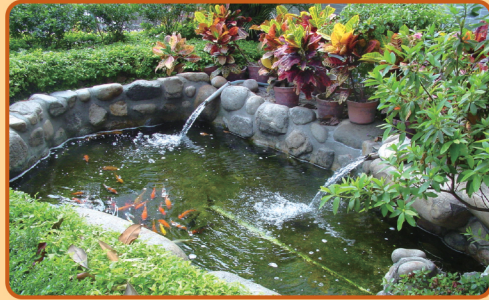
年度學生數學家獎學金

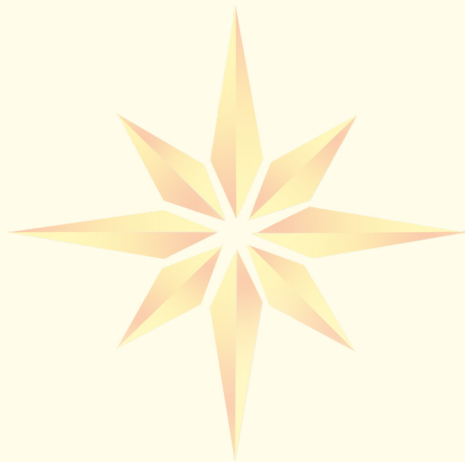
True Light Legacy Scholarship

真光承傳研習獎學金

Best Performer in Religious Education Scholarship

宗教教育傑出表現獎學金





爾乃世之光

THOU ART THE LIGHT OF THE WORLD

True Light Girls' College 真光女書院

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