

True Light Girls' College
Parent Education
Use of the “One-off Grant on Parent Education (Secondary)”
2025 -2026

1.1. Healthy, happy and balanced adolescents' development is promoted.					
Strategies / Tasks	Time Scale	Success Criteria	Method of Evaluation	People Responsible	Estimated Expenditure
(a) To improve parents' knowledge of adolescent physiological, cognitive, social, and emotional development by organising structured parent education programmes	Throughout the year	• Over 70% of parents find healthy, happy and balanced adolescents' development is promoted.	• Questionnaire / parent feedback	• Guidance and Discipline Committee Head • Learning Support Committee Head	\$23 500
(b) To enable parents to understand their adolescent children's needs more effectively by organising thematic parent education programmes	Throughout the year	• Over 70% of parents understand more their adolescent children's needs.	• Questionnaire / parent feedback		\$31 500
1.2 The physical and psychological well-being of parents is fostered.					
(a) To design and produce school-based parent education resources	Throughout the year	• Over 70% of parents agreed the physical and psychological well-being is fostered.	• Questionnaire / parent feedback	• Guidance and Discipline Committee Head • Learning Support Committee Head	\$10 000